

Integrated health and social care - the supporting digital solutions in Catalonia

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Catalonia has a population of 7,6m millions inhabitants and a very good standard of decentralization within Spain to develop own organization of health and social care services with singular features.

Since 2011 Chronic care and introduction of Integrated Healthcare has been one of the main priorities in health policy and stated in the consecutive Health Plans of Catalonia from 2011 till now.

In the last few years Integrated Care policy and action has been incorporated Social Care in the agenda developing some new conceptualization and plans for Integrated Care in Home Care, residential care and care for people with complex needs. It seemed to contextualise ICT developments within a Catalan strategy of public policy oriented to go forward with an Integrated Health and Social Care Plan where one of the most important actions could be integrated information Systems. In addition there is an evolution from a chronic oriented model based on clinical complexity and multimorbidity approach to a more open and comprehensive approach toward a new model of care where priority could be care for people with concurrent health and social care needs and clinical and social complexity.

One of the most distinctive features in the transformation agenda have been new digital solutions as a powerful driver transformation to catalyse different Integrated Care initiatives.

Some of the new digital solutions are the following:

- Interoperability solution between health and social care records in the city of Barcelona and recently in the north area of Catalonia in Girona counties: functional agreement, digital developments and legal approach and overcome of barriers
- Process of standardization of "social care problems" with SNOMED terminology approach to overcome lack of international standards to code social care problems
- The new instrument to identify "social complexity": adaptation and validation of "Self sufficiency Matrix" questionnaire. This tool facilitates a practical and operational tool to identify and register "social complexity"
- Introduction of Primary Care clinical record in residential care during COVID pandemics
- New design of digital visualization of a comprehensive view of assessment and plan of people with complex needs in National Integrated health record

The audience will be informed about the main progress and lessons learned in the development, implementation and operation of an ICT platform that enables the sharing of patient-related data in health and social care. The Catalonia existing platform provides an important contribution to improving collaboration and patient care. All ICT projects are develop by joint effort of ICT officers together with professional leadership to create solutions which give high value solutions to manage and care better to high risk or vulnerable populations.

15. Juni 2022 | Casino Bern

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